



Embody Your Rich AF Self-Concept & Manifest Tremendous Wealth

Your Guide to Rewiring Your Mind,
Aligning Your Energy, and Attracting
Abundance Effortlessly

ABOUT ME



Hi, I'm Olga, founder of It Is Already Yours! and your guide in this transformative journey.

As a Master & Trainer in powerful, science-backed subconscious mind techniques, I've helped countless men and women since 2019 heal their past, silence overthinking, release limiting beliefs, and step into their most confident selves. When you realize how limitless you truly are, you can effortlessly create and manifest the life you've always dreamed of.

The work I do provides the step-by-step system you need to break free from self-doubt and transform every area of your life—without relying on yet another self-help book or course. My clients have let go of past pain, gained clarity on their desires, and built the confidence to manifest love, wealth, health, and more.

Combining the most potent Universal Laws, Quantum Physics, and subconscious mind rewiring techniques fully backed by science, you'll finally learn what manifestation truly is and how to make it a seamless part of your everyday life.

WELCOME!

Congratulations on taking this powerful step toward embodying your Rich AF self! This workbook is your companion for our Live session and beyond, helping you anchor the concepts, affirmations, and practices we'll explore.

Remember:
Wealth isn't out there—it's already within you, waiting to be claimed.
Let's do this!

Section 1: Introduction

Your self-concept is the foundation of your financial reality. Today, we'll uncover how to align your beliefs, energy, and actions with your most abundant self so wealth becomes inevitable.

What You'll Learn:

- How your self-concept creates your financial reality.
- Simple steps to align with abundance and make wealth your new normal.
- Science-backed methods for rewiring your subconscious mind.
- Daily practices to embody your Rich AF self.

Reflection:

What inspired you to join this workshop?

Write your thoughts here:

Section 2: The Power of Your Self-Concept

Your self-concept is the mental blueprint that dictates your reality. The good news? It's not set in stone. When you shift your internal identity, your external world will reflect this change.

Key Takeaways:

- Your self-concept is how you see yourself—and it shapes your reality.
- If you believe wealth is hard to achieve, that will become your experience.
- Life is a mirror reflecting back who you believe you are.

Exercise:

List three beliefs you've held about money.

Are they empowering or limiting?

1 _____

2 _____

3 _____

Tip:

The first step to shifting limiting beliefs is identifying them.
Awareness is power!

Section 3: Step 1 – Clarify Your Rich AF Self-Concept

To manifest tremendous wealth, you must define and embody your Rich AF self. This version of you already exists in the quantum field. All you need to do is align with them.

Visualization Prompt:

Close your eyes and picture the wealthiest version of yourself. Imagine how they live, think, and feel.

Journaling Exercise:

Describe your Rich AF self in detail.

What do they believe about money?

How do they carry themselves?

What habits or routines do they prioritize?

Affirmations:

“I am the kind of person who attracts wealth easily.”

“I always feel supported by money.”

“I am worthy of luxury, abundance, and financial freedom.”

Section 4: Step 2 – Rewire Your Subconscious for Wealth

Your subconscious mind controls 95% of your life, including your financial reality. Reprogramming it with empowering beliefs is the key to attracting wealth effortlessly.

Key Tools:

- Affirmations: Repeat statements that align with your Rich AF self.
- Visualization: Train your mind to believe your dream life is already yours.
- Subliminal Tracks: Reprogram your subconscious on autopilot.

Exercise:

Write down a limiting belief you have about money. Then, reframe it into a positive, empowering belief.

Limiting Belief:

New Belief:

Affirmations:

“I am the creator of my financial reality.”
“Money flows to me naturally and effortlessly.”
“Every day, I am becoming wealthier and wealthier.”

Tip:

Start small. Pick one affirmation that resonates deeply and repeat it daily for 30 days.

Section 5: Step 3 – Embody Wealth in Your Actions

Manifestation isn't just about thinking wealthy thoughts—it's about taking aligned actions that signal to the Universe you're serious about abundance.

Reflection:

What's one action your Rich AF self would take today?

Write it here: _____

Aligned Action Ideas:

- Invest in your growth (a course, book, or skill).
- Treat yourself without guilt—order the meal you truly want.
- Celebrate unexpected money or discounts as signs of abundance.

Tip:

Small, consistent actions compound into massive results.

Section 6: Guided Visualization

Visualization bridges the gap between your current reality and your desired one. By imagining your wealthiest self, you train your mind to see it as achievable.

Visualization Steps:

- Close your eyes and picture your dream home.
- Imagine checking your bank account—see the balance you desire.
- Feel the emotions of security, joy, and freedom.
- Loop the scene over and over to impress your subconscious mind

Reflection:

What emotions came up during the visualization?

Write it here:

Section 7: Neurocode™ Method– Your Next Step

You've started shifting your mindset today. The next step is mastering manifestation through the NEUROCODE™ Method

Why NEUROCODE™ Method?

- A complete formula for wealth creation based on the Law of Assumption.
- Advanced tools like NLP, EFT tapping, and subliminals.
- Personalized guidance to align with your Rich AF self daily.

Exclusive Bonuses:

- A custom Wealth Identity Subliminal Track.
- Private group coaching sessions.
- Early access to Quantum Revision techniques.

Write your goals for joining NEUROCODE™ Method:

Write it here:

Tip:
The wealthy version of you is waiting. Don't keep them waiting any longer!

Bonus Section:

Daily Wealth Practices

☀️**Morning Visualization:**

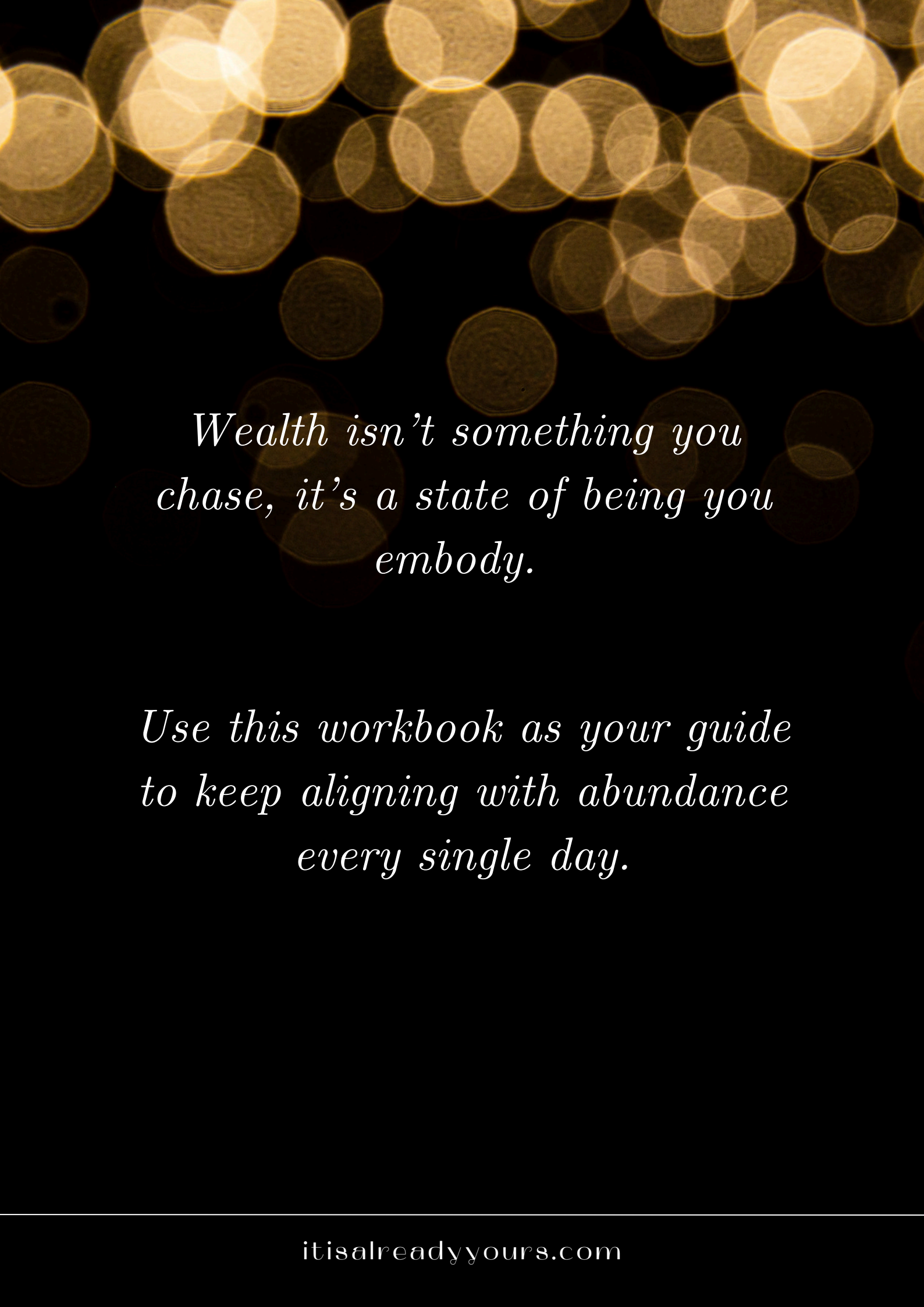
Spend 5 minutes visualizing your
Rich AF self.

☀️**Gratitude List:**

Write down 5 things you're grateful
for every day. Train your brain to
create and look for positivity.

☀️**Abundance Ritual:**

Anchor wealth with a daily habit like
sipping coffee mindfully while
repeating affirmations.

The background of the entire image is a dark, black field filled with numerous out-of-focus, circular light spots in a warm, golden-yellow hue. These spots vary in size and brightness, creating a bokeh effect that suggests distant lights or reflections on a dark surface.

*Wealth isn't something you
chase, it's a state of being you
embody.*

*Use this workbook as your guide
to keep aligning with abundance
every single day.*